

Personal, Social, Health & Economic (PSHE) Unit Overview

Francis Baily School



Year Group	Autumn 1 – My School and Community	Autumn 2 – We Are All Unique	Spring 1 – Reach for the Stars	Spring 2 – Nourish and Flourish	Summer 1 – Building Connections	Summer 2 – Growing Up
FS to Y6	Francis Baily rules Classroom expectations School rewards and consequences Learning behaviours Making a positive start to the year – high expectations	Positive friendships Conflict resolution Different families Everyone is different Disabilities and stereotypes What is SEN? Equality vs equity Racism	Setting school and personal goals Create a plan to achieve a goal Explore different jobs and the skills/education needed Identify the role of money and explore different salaries Budgeting and debt Compare dreams and goals of people around the world (different cultures)	Healthy, balanced diet Importance of physical activity Dangers of inactivity Exploring feelings, healthy minds and mental wellbeing Medicines and safety Illegal and legal drugs The risks of drugs, tobacco and alcohol Explore peer pressure Risks and benefits of the internet	Respectful friendships Boundaries with others Safety in online and offline friendships Protecting personal information online Online footprint Privacy and consent Who to talk to if you feel unsafe Stereotypes Bullying behaviours How to get help if being bullied/how to support others	Changes in me Changes since being a baby How babies grow Inside and outside body changes Self and body image Influence of online and media on body image Conception (including IVF) Puberty and feelings Coping with change Physical attraction Boyfriends/girlfriends Transition to new year group/school